

On Your Doorstep

Local Short Walks for Mansfield & Ashfield



Whether you want to get fitter, lose weight,
make new friends or just get out more
our walks are for you

**Walks available every day of the week
plus regular social activities**

There's no need to join anything and all walks are **FREE**

Please take one of our leaflets for more details or contact us

Keith Wallace
Scheme Administrator
07527 160 339
keithwallacewfh@gmail.com

Andy Bond
Lead Volunteer
07756 350 250

Facebook page – [oydmansfieldandashfield](#)