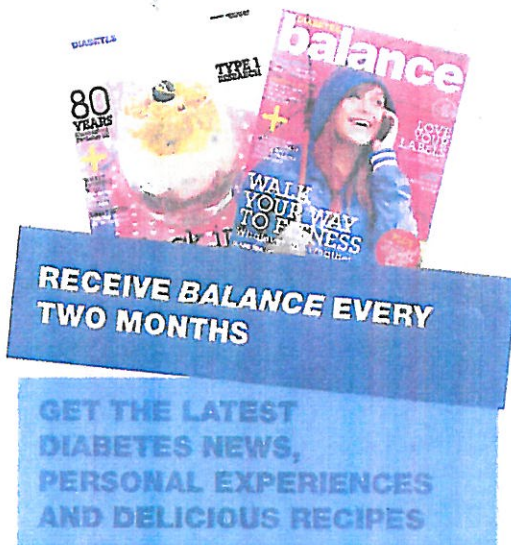


As well as joining your local group why not join Diabetes UK?

Diabetes UK is the leading charity that cares for, connects with and campaigns on behalf of all people affected by, and at risk of diabetes. We are a growing community of 300,000

supporters nationwide: people with diabetes, their friends, family and volunteers. Our members are at the heart of what we do.

We support each other and share our experiences. The generosity of our members also enables us to fund essential care, services and research to help improve the lives of everyone affected by diabetes. By standing with us, our members make us a far more powerful force.



RECEIVE *BALANCE* EVERY TWO MONTHS

GET THE LATEST DIABETES NEWS, PERSONAL EXPERIENCES AND DELICIOUS RECIPES

With you on our side, we'll be stronger than ever. Join us today.  
Call **0345 123 2399\***

Need diabetes advice?  
Call **0345 123 2399\***

**DIABETES UK**  
CARE. CONNECT. CAMPAIGN.

This information is from your local Diabetes UK Voluntary Group.  
\*Calls may be recorded for quality and training purposes.

[www.diabetes.org.uk](http://www.diabetes.org.uk) Macleod House, 10 Parkway, London NW1 7AA

A charity registered in England and Wales (215199) and in Scotland (SC039136) 020/A.

JOIN YOUR LOCAL  
DIABETES UK  
**GROUP**



Come to our group to meet other people who live with diabetes and share similar experiences

**DIABETES UK**  
CARE. CONNECT. CAMPAIGN.

# **DiABETES UK**

**CARE. CONNECT. CAMPAIGN.**  
MANSFIELD AND ASHFIELD  
GROUP

The Diabetes UK Group offers support and information for everyone with diabetes and their carers in Mansfield, Ashfield and surrounding areas.

Anyone is welcome to get involved. We have educational and social evenings with a variety of speakers.

Meetings are held from 7:30pm to 9pm on the second Tuesday of the month (Feb to July and Sept to November inclusive) in Clinic 5, King's Treatment Centre, King's Mill Hospital. Meetings are free to attend. Arrangement for free parking.

For more information about the group, please contact, Margaret Jones 01773811426 / 07732560903.  
email [mansfield.ashfielddiabetesgroup@yahoo.co.uk](mailto:mansfield.ashfielddiabetesgroup@yahoo.co.uk)

The group is run by an annually elected volunteer committee, and is part of a network of local groups around the UK, supported by Diabetes UK. We are unable to offer any medical advice, however we are here to provide support and share experiences of living with diabetes.

Diabetes UK is the leading UK charity that cares for, connects with and campaigns on behalf of people affected by diabetes.

For more information about diabetes and the work of Diabetes UK, please visit [www.diabetes.org.uk](http://www.diabetes.org.uk) or call 020 7424 1000.

## **PROGRAMME**

Full meeting and events programme 2018

**Feb 13** Jodie Henshaw, Mystery Object Quiz

**March 13** AGM with Dr Maksoud

**April 10** Jacqui Kemp, Diabetes Lead of Mansfield CCG

**May 8** John Duffy, Eyes and Diabetes

**June 12** To be Organised

**June 11 – 15** Diabetes Week

**July 10** Christine Hurwood with Assistance dog "Ollie"

**August** No Meeting

**Sept 11** To be confirmed

**Oct 9** Andy Fisher, Podiatrist

**Nov 13** Fun evening, "beetle" game

**December** No Meeting

**Website** [www.mansfield.diabetesukgroup.org](http://www.mansfield.diabetesukgroup.org)

**Facebook** MansfieldDiabetesGroup